

# GLOW AUCKLEY

## SPRAY TAN GUIDE

### **Patch Test**

You will need to call in to our salon AT LEAST 24 HOURS before your Spray Tan appointment to have a patch test. We will not permit any client to have a full Spray Tan without having completed a patch test beforehand.

*What is a patch test and what does this involve?*

A small amount of the tanning product will be applied using a cotton bud behind the ear. We ask you to leave this for 24 hours. If you experience any reaction such as redness, swelling, inflammation or itching we would suggest to avoid having a full body Spray Tan as this is seen as a positive reaction for sensitivity.

If you have no reaction within the 24-hour patch test period we are fine to proceed with the full body application 😊

*Do I need to have a patch test every time I tan?*

No, you will only need to complete this once at the time of registering with us prior to your first full body Spray Tan.

However, if you then don't attend for a 12-month period, we would recommend a new patch test prior to booking in case there has been any change in your sensitivity levels during this time.

### **Before Your Spray Tan**

- Shower and exfoliate your skin using a water-based exfoliant
- Avoid using any make-up and oil-based products on your skin
- Come in wearing dark, loose, fitting clothing & shoes i.e. flip flops or sliders

### **In Room Preparation**

- Once undressed step on to your "Sticky Feet" these will help prevent any saturation of the spray tan solution to the bottom of your feet
- Put the shower cap on exposing your ears and
- Apply blending cream thoroughly on your hands and feet this will help ensure your hands and feet don't absorb the spray tan solution
- Apply vaseline on your fingernails and toenails this will help provide a barrier to prevent your nails & toe nails absorbing the solution
- Step in to the booth and follow the simple step-by-step instructions
- You can get dressed immediately after in your dark, loose clothing & flip flops or sliders

### **Maintaining your Spray Tan**

- Don't do any physical activity or shower for at least 6 to 8 hours after your spray tan session, as the DHA continues to develop.
- Moisturize on a daily basis, especially after you shower.
- Avoid exfoliating your skin until you are ready to tan again.

Please Note: Salt water and chlorine will affect the life of your spray tan.

Dihydroxyacetone (DHA) is the active ingredient in most sunless tanning products is the colour additive dihydroxyacetone (DHA). When applied, dihydroxyacetone reacts with dead cells in the skin's surface layer to temporarily darken the skin and simulate a tan. The colouring typically wears off after a few days.